

# SUICIDE AWARENESS AND PREVENTION

PRESENTED BY



## *Essential Steps Families Can Take to Protect Their Kids*

A PRESENTATION FOR  
K-12 parents, caregivers,  
family members  
K-12 teachers, staff,  
administrators  
Social workers, nurses,  
psychologists, counselors  
(CEUs/CPDUs available)

Thursday, January 30, 2020 – 6:30pm\*

\*Community resources available beginning at 6:00pm, speaker presentations begin at 6:30pm with Q&A to follow

## Plainfield South High School – Auditorium

[7800 W. Caton Farm Road, Plainfield, IL 60586](http://www.plainfield-il.gov/7800-W-Caton-Farm-Road-Plainfield-IL-60586) – Main Entrance and Parking located off Caton Farm Rd.

### EVENT SCHEDULE

- 6:00pm – Reception/Community Resource Fair
- 6:30pm – Welcome/Speaker Presentations
- 7:45pm – Q & A Discussion Panel with Speakers
- 8:30pm – Close

### ACTing to Prevent Teen Suicide

Suicide can be difficult to talk about, yet statistics show it is becoming an increasing concern.

Suicide is now the second leading cause of death for people ages 10-34 years old. In the interest of keeping our children safe it is apparent that we need to understand and identify the signs of suicide.

This presentation will address topics such as:

- o Risk and protective factors for suicide
- o Warning signs for suicide
- o Common myths about suicide
- o How to talk to children about suicide
- o Where to get help
- o A brief overview of the Signs of Suicide (SOS) program

Presentations available in both English and Spanish.

On-site child care available.

Speaker presentations begin at 6:30pm with Q&A to follow.

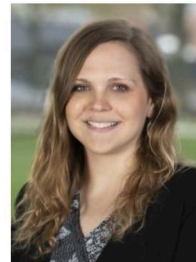
### Distinguished Presenters:



#### Jodie Segal, MSW

Director of Education, Elyssa's Mission

Ms. Segal collaborates with schools and a variety of agencies implementing the Signs of Suicide (SOS) program to educate and raise awareness of teenage suicide. Her extensive experience includes work as a school social worker and assistant principal, helping her to develop a solid awareness of the issues and pressures affecting today's youth. She holds a Masters in Social Work from the University of WI-Madison and completed her School Administration degree at Loyola University.



#### Kelsey Hooper, MA, LPC, NCC

Suicide Prevention Educator, Elyssa's Mission

Ms. Hooper provides suicide prevention education in a variety of community settings and hands-on support to middle and high schools administering the Signs of Suicide (SOS) program. She obtained her MA in Clinical Mental Health Counseling from Roosevelt University and has extensive and specialized training/experience in clinical suicide bereavement, suicide triage, crisis counseling, domestic violence, and sexual assault advocacy.

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Find the Plainfield Parent Community Network online at: [www.plainfieldparentcommunitynetwork.org](http://www.plainfieldparentcommunitynetwork.org)

On Facebook: [@plainfieldparentcommunitynetwork](https://www.facebook.com/plainfieldparentcommunitynetwork)